



Updated 2025

SWLD Code of Conduct

General Principles

This code of conduct applies to all members and associate members of the club, coaches, committee members, parents, chaperones, poolside helpers and all adults directly involved in the running and supporting of the club.

The club expects all adults concerned with the club to treat children with dignity, fairness, sensitivity and respect. The club aims to promote strong partnerships between divers, coaches and parents, and to develop positive relationships through communication.

The definition of a child as defined by the ASA is any young person under 18. However, for the purpose of this document, additional guidelines may be applicable to children under ten and the code of conduct should be explained to such children by coaches and parents in an age appropriate manner.

Discriminatory, offensive or violent behaviour will not be accepted and will be acted upon.

All complaints will be recorded for accountability and to identify trends and will be acted upon according to the disciplinary procedure.

In using these guidelines it is important to appreciate they are not exhaustive, exceptions may occur, and that they are to be applied with common sense.

The appointed Welfare Officer must be independent (no close relation to chair/coach)

All divers, parents and coaches will agree to the code of conduct.





Updated 2025

Divers (Athletes)

1. Attend training sessions on time, with the correct kit and a willingness to learn
2. Inform your coach if you will be late or unable to attend a session.
3. Comply with the safety rules of the building and do not use the equipment, dry land area or the pool while coaches are not present.
4. Ensure that kit worn to training, competitions and other events is tidy and appropriate, fits and is not of a provocative nature.
5. Do not change on poolside, the balcony area or other public areas
6. Be responsible for your own kit and equipment during training and competitions.
7. Use appropriate and acceptable language. Do not use racist, discriminatory, or sexually explicit comments even in jest, particularly in the presence of younger divers.
8. Treat other divers, coaches and spectators with respect and tolerance.
9. Support fellow divers during training sessions and competition.
10. Older divers should act as role models for younger divers and children in diving/trampolining lessons in behaviour and language.
11. Listen to what the coach is saying at all times and obey any instructions given
12. Dive only when a coach is expecting the diver to do so
13. Dive only in a perpendicular direction from the end of the diving board
14. Always swim away from under the diving boards by observing the rules of the venue.
15. Do not gossip or spread rumours. Report instances of this to your coach/ Welfare Officer.
16. Do not steal, hide or damage other divers' personal items.
17. Behave responsibly and sensibly while waiting for training to begin and during breaks.
18. Refrain from rough or aggressive games at all times.
19. Respect the privacy of others, especially in the use of changing facilities.
20. Never use or threaten to use a camera in any changing facility.
21. Report any instances of bullying or harassment to your coach or welfare officer
22. Report any instances of pain or injury to your coach before leaving the training session.
23. There is a zero tolerance policy on banned substances, alcohol and smoking. Disciplinary action will be taken if divers abuse these substances.
24. Report any safeguarding or welfare concerns to the Welfare Officer or designated coach.





Updated 2025

Parents/Guardians

1. Promote appropriate and responsible behaviour in accordance with club guidelines.
2. Do not attempt to or interfere, coach or advise your child whilst training. Training should be left to the coaching staff. If a situation is observed which requires intervention, direct it to the coach present (e.g. incidents and disagreements between divers).
3. Do not distract divers or coaches during dry land or wet training.
4. To speak to the coach, book an appointment or wait until the end of the session.
5. Ensure divers attend training sessions on time with the appropriate kit.
6. Notify coaches of lateness and absences prior to training sessions.
7. Take full responsibility for all child's travel arrangements to and from to and from the venue; the club accepts responsibility only during official training or competition activity.
8. Be punctual when collecting divers at the end of training. Arrange for an appropriate person to supervise or escort the child if the parent will be late.
9. Be responsible for your child while they are in the changing rooms or public areas of the venue without coach supervision. This includes before and after the lesson time.
10. Pay membership and competition fees on time.
11. Do not allow your child to get changed on poolside, balcony or any other public area
12. Do not use cameras, videos or photographic equipment during training/competitions unless it has been registered at reception in accordance with Swim England guidelines.
13. Rules of the pools we use must be observed at all times.
14. Provide details of medication and medical conditions that may affect the diver.
15. Refrain from gossip, malicious rumours and inappropriate or discriminatory language and behaviour. Report any instances of this to a committee member.
16. Take any parental disagreements out of the vicinity of the training session and the divers for private resolution.





Updated 2025

Coaches

1. Act as a positive role model for divers in behaviour, appearance, language and personal conduct in both training and competition environments
2. Act in accordance with the Swim England's legal and safeguarding guidelines when interacting with divers, whether in person or communicating electronically
3. Promote an environment free from fear, harassment, violence, discrimination and bullying.
4. Make time to listen confidentially to all concerns at the end of training sessions or at a regularly appointed time.
5. Refrain from intimacy or working alone with a diver. Do not allow or engage in inappropriate touching of any form.
6. Do not favour one child over another.
7. Refrain from making sexually suggestive comments about or to a child.
8. Refrain from referring to a child's ethnicity, disability, gender or sexuality in any way that is derogatory
9. Be discrete and sensitive in conversations about divers.
10. Ensure that medical care is available during sessions and be alert to injuries.
11. Provide acceptable alternatives to training, which will not aggravate existing injuries or ask diver to take a rest from training.
12. Respond to all allegations of bullying, harassment or abuse in accordance with the Swim England regulations.
13. Attend Child Protection courses and other appropriate training in accordance with Swim England and professional guidelines for coaches and update them when necessary.
14. Hold an up to date Criminal Record check and update when required.
15. Do not communicate with divers within South West London Diving Club scheme in an inappropriate form; this includes using messaging services, social media or email.
16. Report all safeguarding or welfare concerns immediately to the Welfare Officer.





Updated 2025

Divers, Coaches & Chaperones at Competitive Activities (in addition to the standard code of conduct)

1. Divers to treat other competitors and teams with respect in victory and defeat
2. Divers to observe the decisions and authority of the officials
3. Divers to attend all team activities unless with permission from coaches/chaperones.
4. Divers to wear team kit while travelling and at away events.
5. Divers to inform chaperones/coaches of their whereabouts at all times and must not leave the venue unsupervised
6. Divers must attend all parades and medal presentations as directed by the Team Coach.
7. Accommodation must not be altered without permission from team coach/chaperones.
8. Team curfew to be observed.
9. Divers are not to be transported alone by coaches unless another appropriate adult is present, or unless previously arranged with a parent.
10. Divers are not to enter other team members' rooms without chaperone or coaches permission.
11. Divers must refrain from either drinking alcohol or smoking whilst on a club trip, including those divers who are 18 years of age or older.
12. All chaperones must undertake a DBS check and attend a safeguarding course and update these regularly as necessary.
13. Medication and medical conditions must be made known to the chaperones and coaches.
14. Risk assessments to be completed where necessary and taken with chaperones on the trip.
15. Medical information to be kept securely by chaperones while away and by the coach upon return.
16. Behaviour and personal conduct must at all times be of a high standard and reflect favourably on the Club.
17. Serious breaches of the code of conduct may result in the diver being sent home at the diver's/parents' expense.





Updated 2025

Welfare Officer

1. Should be independent, known to all club members, parents, coaches.
2. Take responsibility for dealing with safeguarding concerns, reporting serious issues per Wavepower procedures
3. Keeps records secure and confidential, facilitating access for statutory agencies when required.
4. Provide advice and guidance to coaches as and when required.



Updated 2025

Dress Code

1. When wearing SWLD kit, team members will be easier to identify for safety purposes. It will also make team members equally recognisable for their conduct.
2. SWLD team kit must be worn when representing the team at competition events, fund raising and publicity meetings.
3. Divers must parade and receive medals and trophies wearing full kit
4. Kit is to be age appropriate, of an appropriate fit and in a smart condition.
5. Ladies' vests or a T-shirt to be worn over swim suits or aerobic tops, unless permitted by coaches. Underwear worn over swimwear is not deemed appropriate.
6. Men's T-shirts or vests to be worn at all times in the dry land area, unless permitted by coach.
7. Shorts/leggings or tracksuit bottoms worn to training should allow freedom of movement and be suitable for dryland training in warm environments, i.e. no denim, no combats, no skirts.
8. Kit not to be customised except with permission of the club.
9. Names of divers to be discretely displayed on the inside of garments only (this is for safety as advised by Swim England)
10. All swimwear must be appropriate for diving. Whilst swimwear is a personal preference, we encourage girls not to wear bikinis or two piece swimwear and boys not to wear board shorts.

